MDOYOUGIVEARUCK? Operation Bedrock

Join our mission to battle Veteran homelessness

#DoYouGiveARuck? is partnering with Valor Healthcare's charitable division Valor4Veterans to raise \$50,000 for the Coalition for Attainable Homes. Join us on **October 1 for a 5K ruck march** in Lake Worth, Florida!





What's our goal?

Raise \$50,000 in funds to provide Veterans in St. Lucie County, Florida, with much-needed housing.

How are we going to do it?

We plan to gather on **October 1** for a 5K ruck march in Lake Worth, Florida. Participants will fill rucksacks or backpacks full of nonperishable food that will be donated to food banks that support Veterans.

Not in South Florida? Join our Virtual 5K Ruck March and participate in your local community.

How can you help?

Sponsor the event, join us for the 5K ruck march or donate to the cause.



For every mile rucked, Valor Healthcare will make a donation to help build housing for Veterans. **Care to join us?**

Scan to Sponsor or donate at DoYouGiveaRuck.com



of the **HOMELESS** adult population are Veterans.







Join us in partnering with Valor Healthcare to raise \$50,000 to provide affordable homes for our Veterans with the Coalition for Attainable Homes.*

*A COPY OF THE OFFICIAL REGISTRATION AND FINACIAL INFORMATION OF THIS ORGANIZATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING 1-800-HELP-FLA WITHIN THE STATE OF FLORIDA OR (850) 410-3800. REGISTRATION SOES NOT IMPLY ENDORSEMENT. APPROVAL OR RECOMMENDATION BY THE STATE.



5K Ruck March | October 1, 2022

Sponsorship Opportunities

Join #DoYouGiveARuck? and Valor Healthcare in our mission to provide affordable homes for Veterans.

PLATINUM level | \$5,000 5 spots available

Recognition as platinum event sponsor

- Company logo featured prominently on t-shirts
- Speaking opportunity at event
- Presentation space at event
- Company name highlighted in social media posts and website
- (8) Eight event t-shirts

GOLD level | \$2,500

10 spots available

- Company logo featured on event t-shirt
- VIP sponsorship access to tent at event
- Company listed as a sponsor on Valor4Veterans website
- Company recognized at event
- (4) Four event t-shirts

SILVER level | \$1,000

15 spots available

- Company logo featured on event t-shirt
- Company listed as a sponsor on Valor4Veterans website
- Company recognized at event
- (3) Three event t-shirts

BRONZE level | \$500

20 spots available

- VIP sponsorship access to tent at the event
- Company listed as a sponsor on Valor4Veterans website
- Company recognized at event
- (2) Two event t-shirts

In-kind Sponsors

Unlimited

Donate items for the event on October 1st

Scan to Sponsor Event

#DOYOUGIVEARUCK?

5K Ruck March | October 1, 2022



MDOYOUGIVEARUCK?

Register to Ruck

This ruck march is a 5k, not a race.

In the military, you start together and you finish together. One team, one fight, and no one gets left behind. Join us for a fun, family-friendly event supporting our nation's heroes.

- Food trucks
- Veteran non-profits
- Live performances Special guests
- Raffle items
- Free beer donated by Hop Life Brewing
 Co

October 1st, 2022 | Bryant Park in Lake Worth, FL @ 9 am



WHERE DO WE MARCH?

We start at Bryant Park and ruck over the bridge to the beachside boardwalk. After completing our first leg, we will go back over the bridge into the downtown area and back to the park for a total distance of 3.3 miles.



WHAT DO WE BRING?

We ask that you wear a backpack or rucksack packed with non-perishable food, hygiene supplies, and non-fragile baby item's for donation at the end of the ruck. You do NOT have to donate your rucksack.



WHO BENEFITS FROM DONATIONS?

All proceeds benefit The Coalition For Attainable Homes, a nonprofit organization. Donations raised from the event will be used to build the first Veteran housing in the Saint Lucie County area.



Free to participate. Scan to register or donate.

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